



CERTIFICATE OF COMPLETION

this certificate is proudly presented to

SIMO MÄKITALO

In recognition of your successful completion of the
12 Module Strength & Conditioning, Periodisation, Anatomy & Biomechanics course.

We acknowledge your dedication to learning and your proficiency in application.

This certification attests to your education and capability, qualifying you as an MST Systems Certified Coach.

THIS CERTIFICATE WAS AWARDED BY:

SHANE JERMAN
FOUNDER

27TH JULY 2025

COMPLETION DATE